

## Spring cycling

Get cycling this Spring and explore near and far with your children.

There are lots of guides online to help you teach your child to cycle such as -

[Teach a child to ride a bike without stabilisers in nine steps - Sustrans.org.uk](https://www.sustrans.org.uk) ,

[How to teach a kid to ride a bike in 30 minutes | video guide \(bikeradar.com\)](https://www.bikeradar.com) ,

[How to teach your child to ride a bike \(britishcycling.org.uk\)](https://www.britishcycling.org.uk)

Information on cycle routes in Stockport can be found at <https://www.stockport.gov.uk/cycle-routes>

For more information on routes, tips and training, including family sessions, see [Cycling | TfGM Bee Active](#)

Remember to take care and be courteous to other road and trail users. See [The Highway Code - Rules for cyclists \(59 to 82\) - Guidance - GOV.UK \(www.gov.uk\)](https://www.gov.uk)

