

PSHE/RSE planning for Spring 2 2022

Session - Monday afternoon last session - all when ZBS/AA back from swimming

The main focus activity will change each week but the other parts will remain the same throughout the half term.

Check - in	Each child will say 'Hello my name is' then say 'Today I am feeling.....' They will use the feelings monsters to say how they are feeling. They will be encouraged to give a simple reason why they are feeling that way.
Mixer	Child to stand in front of their own chair and will swap places with another child for a variety of reasons - if you like Spiderman, have brown hair, wearing glasses etc.
Main focus – Relate to feelings/Year 1 matrix*(alternate).	Week 1 - *Everyone has different strengths in and out of school. Week 2 - Feeling proud. Week 3 - *Different strengths and interests for different jobs in the community. Week 4 - Feeling safe in and out of school. Week 5 - *Different jobs and the work people do. Week 6 - Feeling brave.
Energiser	Tropical storm - adult leader to perform action then everyone around the room copies - start by rubbing hands, then tap two fingers onto palm of hand, then clapping, next stamping feet, back to clapping hands, fingers on palms, rubbing hands, hands rested on knees.
Check - out	One of the things I have enjoyed today was....

